

**“Into the Red Dragon’s Lair: Four-in-One Workshop Tackling Outstanding Problems in Heliophysics and Space Weather”
– Welcome Reception Menu Buffet Selection**

Meeting Room 7, Clayton Hotel, St Mary Street, Cardiff, CF10 1GD, Wales, UK

Hot food:

Welsh Rarebit (V)

Mini Potato & Cheese Quiches (V)

Mini Glamorgan Sausage Rolls (V)

Cockle Fritters with a Laverbread Dip

Monmouthshire Ham and Pea Fritters

Selection of open sandwiches:

Rare Welsh Beef with Horseradish

Usk River Smoked Salmon

Yfenni Cheese Sandwiches with Chutney (V)

Sides:

Selection of Salad (V) and Dips

(v) = vegetarian (but please also explicitly let us know if you are vegetarian or if you have any allergies or other dietary requirements)...