

**“Into the Red Dragon’s Lair: Four-in-One Workshop Tackling Outstanding Problems in Heliophysics and Space Weather”
– Workshop Dinner Menu Choices**

Meeting Room 7, Clayton Hotel, St Mary Street, Cardiff, CF10 1GD, Wales, UK

Starters:

(S1) Welsh Beef Broth

(S2) Grilled Chicken and Yfenni Salad

(S3) Grilled Glamorgan Sausage with Caramelised Red Onion (V)

Mains:

(M1) Minted Welsh Lamb Rump with Fondant Potato and Fresh Tossed Vegetables drizzled with Penderyn sauce

(M2) Salmon Steak served with Leek Stew and Boiled Vegetables

(M3) Summer Root Vegetable Risotto with Homemade Bread (V)

Deserts:

(D1) Warm apple crumble vanilla ice cream (V)

(D2) Melon and Welsh Redcurrant Sorbet (V)

(D3) Welsh Cheese Platter (V)

Wine:

(HR) House Red

(HW) House White

(HS) House Rosé

(NW) No Wine

(v) = vegetarian (but please also explicitly let us know if you are vegetarian or if you have any allergies or other dietary requirements)...